

Join the TOT  
Training Today!

Come join the tribe in  
combating trauma towards  
youth in our community!

**WHEN:**

MAY 17-18, 2018

9:00 AM – 5:00 PM

**WHERE:**

WorkFlow Lounge  
9912 Business Park Drive #170  
Sacramento, CA 95827



Get the tools you need to help  
our teens succeed!

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# TRIUMPH OVER TRAUMA!

A TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY  
2-DAY TRAINING May 17-18, 2018

CONDUCTED BY CERTIFIED TRAINER

**ALISON HENDRICKS, LCSW**

## THE TOT MISSION:

The mission of Triumph of Trauma is to increase access for youth, who have been traumatized and victimized, to receive culturally sensitive and appropriate treatment and services.



## TF-CBT TRAINING OBJECTIVES:

The objective for the Trauma Focused-Cognitive Behavior Therapy (TF-CBT) training is to inform, educate, train and certify 50 therapist on Evidenced Based TF-CBT, to enable the therapist to provide services that address the cause and long term effect of trauma as it relates to community violence and sexual exploitation. This training will not only equip therapist to address youth's traumatic issue, but to be able to respond when our community or country experiences violence against our citizens.

## EVENT & PRESENTER SUMMARY:

The training is facilitated by **Alison Hendricks, LCSW**, who specializes in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and trauma-informed systems. She is a National Trainer for Trauma-Focused Cognitive Behavioral

Therapy. She provides training and consultation on TF-CBT and trauma-informed care to programs across the country and was the lead author on two workbooks on TF-CBT, one for children and one for adolescents. She also specializes in Culturally Modified TF-CBT, with a focus on Latino children and families. [Find out more about our special guest at: [www.ahendricksconsulting.com](http://www.ahendricksconsulting.com)].

This 2-day training is crucial because our youth, families and communities are suffering from long-term effects of trauma and mental illness, TF-CBT has proven to significantly reduce children's post-traumatic stress and other trauma reactions as well as, increasing caregiver's ability to support through their traumatic experience.